

THEME WORKSHEET

Find your novel's theme in 5 simple steps

1 - Explore Your Main Character

MC Name	
Life Circumstances/Problems	
Fatal Flaw	
Examples of how flaw expressed today	

2 - Dig into the Past

Wound that caused flaw	
How wound changed MC	

3 - Tap into their Psyche

Lies MC now believes about the world	
Lies MC now believes about family/friends	
Lies MC now believes about self	
Main lie MC now believes due to wound	

4 - Teach Your MC a Lesson

Truth MC should learn about the world	
Truth MC should learn about family/friends	
Truth MC should learn about self	
Ultimate truth MC needs to learn and why	

5 - Zero in on Your Theme

Your Theme (Truth MC needs to Learn listed above)	
Ways MC could learn this lesson (beginning/middle/end)	
Final straw to break the camel's back (What will trigger the epiphany?)	
How MC changes after learning theme	